

Inventions, Preparations, &c.

FULLER'S FLUID BEEF.

FULLER'S Confectionery is now a household name in this country. But it is not generally known that the firm also prepares valuable dietetic articles. Amongst these "Fluid Beef" is rapidly attaining a well-deserved success. It is put up in a very convenient form in packets of one dozen small bottles, the contents of each one of which mixed with boiling water make a cup of delicious beef-tea, already fully seasoned. The form is therefore both economical and convenient, and gives besides constant freshness and equality of strength—qualities which are difficult to obtain from many of the preparations at present in use. Nurses can obtain this preparation, or any further particulars concerning it, from Messrs. Fuller, Ltd., 204, Regent Street, London, W.

REMY'S STARCH AND PUDDING POWDER.

THE Royal Rice Starch prepared by this well-known manufacturer is extracted from rice by a new and improved process, and the universal experience of those who have employed it, as evidenced by the many gold medals and exhibition prizes which it has received, prove that it is in many ways superior to the ordinary wheat starch preparations. It never discolours the linen, while at the same time it imparts a greater amount of stiffness. The same firm produce a Pudding Powder which deserves to be better known in this country than it is at present. It makes excellent shortbread and light pastry, and is far superior in delicacy of taste and quality to the ordinary corn-flour preparations. It is highly recommended by professed cooks for custards, blancmanges, jellies, puddings and cakes, and for thickening soups, gravies and sauces of all kinds. It can be obtained from all grocers and stores, and is only 4d. a pound, so that both for economy and excellence the preparation is well deserving of a trial.

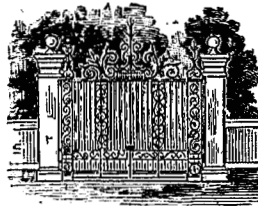
CONDENSED MILK.

THE obvious and great advantages of condensed milk have led to a very large number of preparations being placed upon the market, and to a very large consumption of such preparations. Amongst the various forms in which condensed milk is now offered to the public there are certain reasons why that known as the First Swiss Brand should deserve, as indeed it has already secured, a leading place in public

approval. It has been proved by careful chemical analysis that this unsweetened condensed Swiss milk is absolutely pure, that it contains no trace either of cane sugar or of any other preservative, and it is well known that there are few other similar preparations of which so much can be said. It has been proved also to be free from any sign of micro-organisms, and indeed its method of preparation, in which considerable heat is employed, would naturally lead to the milk being to a certain extent sterilised and so made safe from organic germs. The fact that this preparation is unsweetened is a great additional advantage because the addition of cane sugar undoubtedly renders many of these preparations unsuitable for infants; this constituent setting up intestinal disturbance, sometimes with serious results. The First Swiss Brand, therefore, is a safe and perfect substitute for mother's milk, and can be strongly recommended, in preference to even cow's milk for infants, inasmuch as the latter cannot always be depended upon for exact similarity of composition, or absolute freedom from contagious germs. Further particulars can be obtained from the First Swiss Milk Company, 17 and 18, St. Dunstan's Hill, E.C., 5, Lawrence Pountney Hill, E.C., or the milk itself can be obtained from all chemists and grocers.

Outside the Gates.

WOMEN.



MRS. CREIGHTON, the eloquent wife of the Bishop of Peterborough, has been elected President for 1895-96 of the National Union of Women Workers.

The objects of the society are:—

(1) To focus and redistribute information likely to be of service to women workers.

(2) To promote the social, moral, and religious welfare of women in general.

(3) To organise the Conference of Women Workers in different centres of the British Empire, and to encourage and assist the formation of local unions and meetings of women, and to increase sympathy and co-operation among them.

This body have decided that some further organisation and enlargement of its work is needed. The growth in the interest felt in the yearly conferences held by this Union of Women Workers, and the help and encouragement they have been to many, have shown that they supply a need. Their promoters are convinced of the good that has been gained and will continue to be gained by bringing together for purposes of consultation and mutual sympathy, women

[previous page](#)

[next page](#)